**INSTRUCTIONS**: Please read carefully as you respond to the following items. You will be directed to either think about yourself, your significant other, *or* your current romantic relationship as you complete different sections of the survey. You may choose not to answer any questions that make you feel uncomfortable. Thank you for your participation.

***Thinking about yourself…***

1. Are you male or female?

\_\_\_\_\_\_ Male

\_\_\_\_\_\_ Female

2. What is your age (in years)? \_\_\_\_\_\_\_

3. What is your classification?

\_\_\_\_\_\_ Freshman \_\_\_\_\_\_ Sophomore \_\_\_\_\_\_ Junior \_\_\_\_\_\_ Senior

4. \*Are you *currently* involved in a romantic relationship?

\_\_\_\_\_\_ Yes

\_\_\_\_\_\_ No

\*If you answered **“Yes”** to question 4, please skip to question **6**.

5. \*\*Have you ever been involved in a romantic relationship?

\_\_\_\_\_\_ Yes

\_\_\_\_\_\_ No

\*\*If you answered **“Yes”** to question 5, please keep in mind your most recent romantic relationship when answering the following questions. If you answered **“No”** to question 5, you have completed your portion of this survey.

***Thinking about your romantic relationship with your significant other…***

6. Is your significant other male or female?

\_\_\_\_\_\_ Male

\_\_\_\_\_\_ Female

*Please write your significant other’s initials here. ­­­­­­\_\_\_\_\_\_\_*

7. How long have you been in a relationship with your significant other? (Please

indicate a numerical value for years, months, and/or days.)

\_\_\_\_\_\_ Years \_\_\_\_\_\_ Months \_\_\_\_\_\_ Days

8. How would you characterize your relationship with your significant other?

\_\_\_\_\_\_ Dating

\_\_\_\_\_\_ Engaged

\_\_\_\_\_\_ Married

\_\_\_\_\_\_ Other (please specify) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

***Thinking about yourself…***

*For items 9 through 33, please indicate the extent to which you agree or disagree with the following statements about yourself. Circle the appropriate number according to the following scale:*

**1 2 3 4 5 6 7**

**Strongly Disagree Slightly Neither Agree Slightly Agree Strongly Disagree Disagree nor Disagree Agree Agree**

9. I am relatively confident that other people will accept me as I am.

**1 2 3 4 5 6 7**

10. I do not worry about being alone.

**1 2 3 4 5 6 7**

11. I find others are reluctant to get as close as I would like.

**1 2 3 4 5 6 7**

12. I am not sure that I can always depend on others to be there when I need them.

**1 2 3 4 5 6 7**

13. Sometimes people do not want to get close to me because I want so much to be close to

them.

**1 2 3 4 5 6 7**

14. I find it difficult to allow myself to depend on others.

**1 2 3 4 5 6 7**

15. I want to merge completely with another person.

**1 2 3 4 5 6 7**

16. I do not worry about having others not accept me.

**1 2 3 4 5 6 7**

17. I am nervous when anyone gets close to me.

**1 2 3 4 5 6 7**

18. It is easy for me to get emotionally close to others.

**1 2 3 4 5 6 7**

***Thinking about yourself…***

**1 2 3 4 5 6 7**

**Strongly Disagree Slightly Neither Agree Slightly Agree Strongly Disagree Disagree nor Disagree Agree Agree**

19. I am uncomfortable being without close relationships, but I sometimes worry that others do

not value me as much as I value them.

**1 2 3 4 5 6 7**

20. I worry that I will be hurt if I allow myself to become too close to others.

**1 2 3 4 5 6 7**

21. I want emotionally close relationships, but I find it difficult to trust others completely.

**1 2 3 4 5 6 7**

22. I am comfortable depending on others.

**1 2 3 4 5 6 7**

23. I often want to get closer to others than they want to get to me.

**1 2 3 4 5 6 7**

24. People are never there when you need them.

**1 2 3 4 5 6 7**

25. I find it difficult to trust others completely.

**1 2 3 4 5 6 7**

26. I do not often worry about someone getting too close to me.

**1 2 3 4 5 6 7**

27. I do not often worry about people letting me down.

**1 2 3 4 5 6 7**

28. I want to be completely emotionally intimate with others, but I often find that others are

reluctant to get as close as I would like.

**1 2 3 4 5 6 7**

29. I do not often worry about being abandoned.

**1 2 3 4 5 6 7**

***Thinking about yourself…***

**1 2 3 4 5 6 7**

**Strongly Disagree Slightly Neither Agree Slightly Agree Strongly Disagree Disagree nor Disagree Agree Agree**

30. I know that others will be there when I need them.

**1 2 3 4 5 6 7**

31. I find it relatively easy to get close to others.

**1 2 3 4 5 6 7**

32. My desire to merge sometimes scares people away.

**1 2 3 4 5 6 7**

33. I am somewhat uncomfortable being close to others.

**1 2 3 4 5 6 7**

***Thinking about your romantic relationship with \_\_\_\_\_\_ (insert initials)…***

*Please indicate the extent to which you agree or disagree with the following statements when considering your current romantic relationship (If you are not in a relationship, please recall your most recent relationship). Circle the appropriate number according to the following scale:*

**1 2 3 4 5 6 7**

**Strongly Disagree Slightly Neither Agree Slightly Agree Strongly Disagree Disagree nor Disagree Agree Agree**

34. My relationship with my significant other is stable.

**1 2 3 4 5 6 7**

35. Our relationship is strong.

**1 2 3 4 5 6 7**

36. I have seriously considered ending my relationship with my significant other.

**1 2 3 4 5 6 7**

37. I wish I had not started a relationship with my significant other.

**1 2 3 4 5 6 7**

***Thinking about your romantic relationship with \_\_\_\_\_\_ (initials)…***

**1 2 3 4 5 6 7**

**Strongly Disagree Slightly Neither Agree Slightly Agree Strongly Disagree Disagree nor Disagree Agree Agree**

38. My significant other and I will probably still be together in one year.

**1 2 3 4 5 6 7**

39. I am committed to making our relationship last.

**1 2 3 4 5 6 7**

40. My significant other is committed to making our relationship last.

**1 2 3 4 5 6 7**

*Please continue the survey on the next page.*

***Thinking about your romantic relationship with \_\_\_\_\_\_ (initials)…***

*Your significant other has sent you the following text message:*



**WHAT ARE YOU DOING?**

Please indicate the extent to which you agree or disagree that the following statements are indicative of your **significant other’s motive (reason)** for sending the above text message.

*My significant other’s motive for sending the above text message is:*

**1 2 3 4 5**

**Strongly Disagree Neither Agree Agree Strongly**

**Disagree nor Disagree Agree**

41. To help me.

**1 2 3 4 5**

42. To show me encouragement.

**1 2 3 4 5**

43. Because he/she needs someone to talk to.

**1 2 3 4 5**

44. To thank me.

**1 2 3 4 5**

45. Because he/she just needs to talk about their problems sometimes.

**1 2 3 4 5**

46. To get something he/she doesn’t have.

**1 2 3 4 5**

***Thinking about your romantic relationship with \_\_\_\_\_\_ (insert initials)…***

*Your significant other has sent you the following text message:*



**WHAT ARE YOU DOING?**

*My significant other’s motive for sending the above text message is:*

**1 2 3 4 5**

**Strongly Disagree Neither Agree Agree Strongly**

**Disagree nor Disagree Agree**

47. Because it makes him/her feel less lonely.

**1 2 3 4 5**

48. Because he/she wants me to do something for him/her.

**1 2 3 4 5**

49. To let me know he/she cares about my feelings.

**1 2 3 4 5**

50. Because it’s reassuring to know someone is there.

**1 2 3 4 5**

51. Because he/she is concerned about me.

**1 2 3 4 5**

52. To tell me what to do.

**1 2 3 4 5**